



PBS Community Foundation

Independence Without Isolation



Annual Membership Meeting September 30, 2020

Mission Statement- Positive Behavior Support Community Foundation empowers people with disabilities to make their own life choices and succeed in the communities where they work, live and play.

Agenda



- Welcome & Introduction of Board of Directors: Ruth-Ann Hartney, Executive Director
- A Word from the Board Chair: Tal Ourian
- PBS Community Foundation video
- Financial Update: Diane Doherty, Treasurer
- Membership: John Innis, Vice Chair
- Program & Fundraising Committee Updates: Courtney Braun, Sharin Borja

- Featured Speaker:

Darlene Magito-McLaughlin, PhD, LBA, BCBA-D

Founder and Director of Positive Behavior Support Consulting & Psychological Services, P.C.

“Returning From COVID-19”



2020 - An Unprecedented Year



Board of Directors



Current Board Members

- ★ Individuals who are receiving SDS funding in NYS
- ★ Parents/guardians of individuals who are receiving SDS funding in NYS
- ★ Employers or local business people who have an interest in the success of SDS
- ★ Professionals drawn from academic, human services, legal, medical, or business professions
- ★ Employees/affiliates of organizations that support self-determined individuals receiving self-directed services.
- ★ The Executive Director of the Foundation serves on the BOD in an “ex-officio” capacity

Diane M.C. Coleman

Diane Doherty - **Treasurer**

Theresa Giacobbe-Grieco

Roberta Grogan

Ruth-Ann Hartney - **Executive Director**

John Innis - **Vice Chair**

Barbara Maio

Darlene Magito-McLaughlin

Robert Savitzky - **Secretary**

Paul Scancarelli

Tal Ourian - **Chair**



A Word From the Board Chair



Tal Ourian



PBSCF Video



PBSCF Video

Financial Update



Diane Doherty, Treasurer

Financial reports are available on our website
www.pbscommunityfoundation.org



Membership



John Innis, Vice Chair





Membership



- PBSCF is all about COMMUNITY and we are all in this together
- The Foundation has done many wonderful things over the years to support our community of self-determined individuals
- We hope to be able to continue and do even more in the years to come
- BUT, the Foundation *NEEDS* you support to keep going



Membership



- Due to the pandemic, PBSCF lost major sources of funding *overnight*
- Our expenses to keep our initiatives and the Foundation going are **GREATER** than our income
- **EXPENSES > INCOME** = something has to change
- There are ways we can address our funding emergency:
 - Reduce the Foundation's expenses
 - Increase *recurring* or 1-time donations
 - Moving to a PBSCF Membership model



Membership



- **Proposed PBSCF Membership Benefits**
 - Continued admission to existing PBSCF initiatives
 - Exclusive admission to members-only events 2-4 times per year (possibly more if funding is available)
 - Dances
 - Dinners
 - “Field trips”, Game Nights & other social mixers
 - Discounts on other PBSCF events and merchandise
 - Please participate in our 4-question membership poll

PBSCF Memberships will not start today, but at some future, as yet undetermined, date.



Program Committee



Courtney Braun

Initiative Video



Fundraising Committee



Sharin Borja

Fundraising Video



Featured Speaker



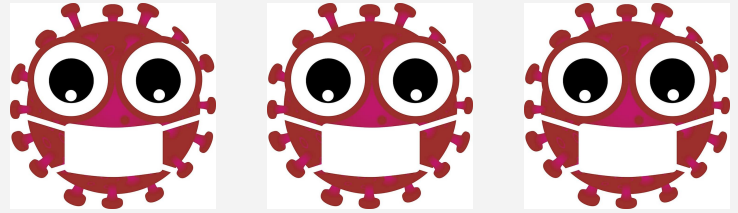
**Darlene Magito-McLaughlin, PhD, LBA,
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Founder and Director of Positive Behavior Support
Consulting & Psychological Services, P.C.

“Returning From COVID-19”



New challenges....



- Returning to activities and routines after an extra-long break
- Unpredictable and irregular schedules
- Increased expectations for virtual/remote contact/learning
- Inability to move about spontaneously
- Limited or no access to some activities/locations (travel, entertainment)
- Delayed transitions due to limited capacity, need for contact tracing, temperature checks, social distancing
- New repertoires for wearing masks, washing hands frequently, using hand sanitizers

Many People

- Fear getting sick
- Fear family/friends getting sick
- Experienced loss
- Have had changes in family stress levels
- Increases in anxiety and depression



In addition, People with Disabilities:

- May lack understanding about COVID-19
- May have challenges with communication
- May lack coping skills
- May have difficulty with disruption in routine and transitions
- May have related sensory challenges (e.g., wearing a mask; washing hands; using sanitizer)



Plan for Success



- Increase understanding
- Increase communication
- Increase coping skills
- Keep routine consistent and prepare for transitions
- Target sensory challenges

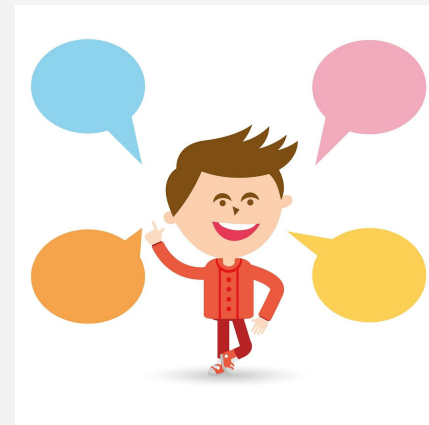
Increase understanding.

- It is important to have at least a basic knowledge about COVID-19, its transmission/spread, and ways to reduce risk.
- What does the person need to know to be safe?
 - Use social narratives.
 - Reference visual supports of COVID rules (social distancing, hand washing, mask use).



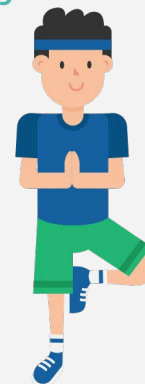
Increase communication.

- People who lack the ability to communicate may display more anxiety, depression, and/or frustration
- Encourage daily communication
- Ask and answer questions
- Express feelings
 - Keep it simple
 - Use language that's relatable
- Problem solving



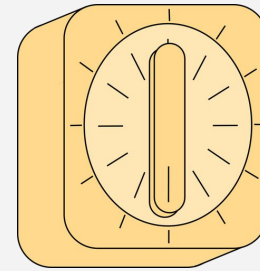
Increase coping skills.

- It's important to teach coping skills and practice them regularly in advance so that a person knows to use them when upset.
 - Deep breathing.
 - Counting.
 - Stress balls or fidget toys
 - Emotion identification activities
 - Exercise
 - Social stories showing successful coping.
- It is equally important for helpers to recognize that these are challenging times and use coping skills, relaxation, and mindfulness to reduce stress!



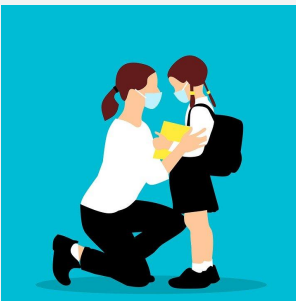
Keep the routine consistent and prepare for transitions.

- Consistency is important.
 - Allow extra time if needed
 - Reward flexibility
- Using visuals can help increase predictability
 - Calendar
 - Visual Schedule
 - Social Stories can help explain changes and/or social situations
 - First/Then Board
 - Countdown for transitions
 - Use of a transition object

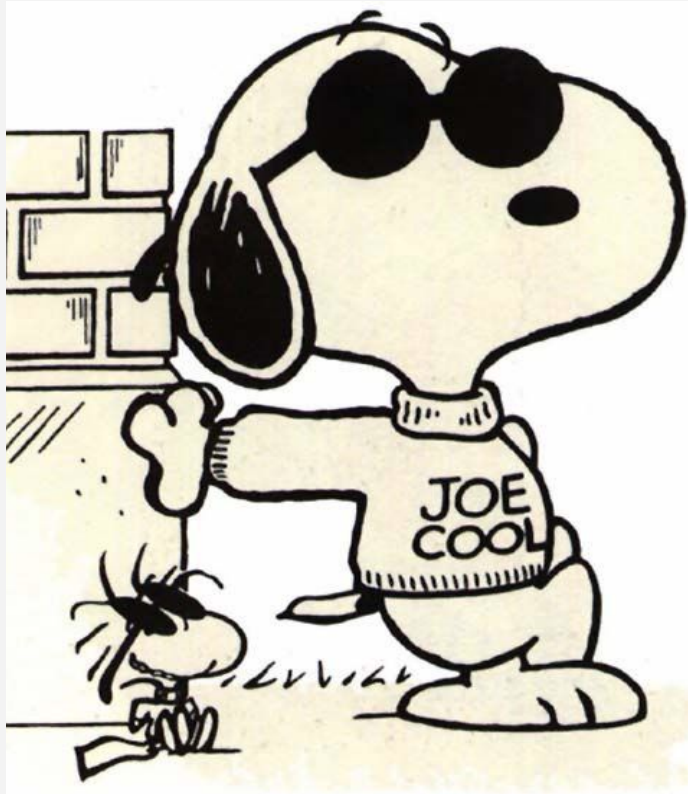


Target sensory challenges.

- Use desensitization programs.
 - Wearing mask
 - Washing hands
 - Using hand sanitizer
 - Start with a brief period of time and reinforce; increase amount of time to earn reinforcement
- Always recognize initiative.



If problems escalate...



- Stay calm, cool, and collected
- Limit number of probes
- Provide time and space
- Use simple, direct language
- Be empathic
- Try and identify source of the problem
- Have the COS coach through a solution

Q & A



www.pbscommunityfoundation.org

info@pbscommunityfoundation.org

GoFundMe:
Support Us So
We Can Support
Them



Closing



*Thank you for supporting the mission of the
PBS Community Foundation!*



[#PBSCFStrong](#)

